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WHAT'S HAPPENING AROUND LEE MEMORIAL HEALTH SYSTEM

❑ **Dr. Antonucci's New Adventure**

Larry Antonucci, M.D., chief operating officer, is embarking on a new adventure. Beginning in January, he will spend time each month working in various departments throughout the health system. His first adventure will be in Food Services at Gulf Coast Medical Center. He will report to his new post on Jan. 4 and he is looking forward to meeting more of the caring people who make up Lee Memorial Health System.

We are looking for your help to name this program. One suggestion was "Larry's Excellent Adventure" and another idea was "In Your Shoes." Send your suggestions to Marianne.Asaro@LeeMemorial.org. Or, if you are interested in having Larry do your job and work in your department, let Marianne know.

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❑ **Winter Wonderland Blood Drives**

Join us for the Winter Wonderland Blood Drives.

- 9:30 a.m.-7 p.m., Dec. 28 and 7 a.m.-4 p.m., Dec. 29 – Cape Coral Hospital Auxiliary Meeting Room

- 9:30 a.m.-6:30 p.m., Jan. 3 and 7 a.m.-4 p.m., Jan. 4 – Gulf Coast Medical Center Community Room

- 8 a.m.-7 p.m., Jan. 5 and 8 a.m.-4:30 p.m., Jan. 6 – HealthPark Medical Center Atrium

All donors receive the following:

- Meal ticket to the hospital cafeteria
- Coupons for Jason's Deli, Bealls, Foster's Grille, Domino's Pizza
- Free 15-minute chair massage
- Long-sleeve Blood Center T-shirt

Chance drawings include:

- Gift cards for Bealls, Sandy Hook Fish & Rib House, Regal Cinemas, Lotus Essence Spa, Napa Auto Care oil changes, Caloosa Auto Spa car washes, First Choice Haircutters gift basket and assorted gifts from Belk

Grand prize chance drawings include:

- Three-day, two-night stay in a one-bedroom suite at the Resort at Marina Village
- Two passes for Thriller Boat Tours on Sanibel

There also will be free food and door prizes. Employees may donate on the clock with supervisors approval. Invite families and friends to join, too.

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❑ **Christmas Tree Decorating Contest Winners**

The Lee Memorial Hospital Spirit Committee announces the winners of this year's Christmas tree decorating contest:

- 1st place: Blood Donor Services
- 2nd place: Housekeeping
- 3rd place: Radiology

A silent auction of the trees was held during voting. The silent auction raised \$852 that will be used to hold community breakfasts for all our neighbors.

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❑ **Reflection for Difficult Days**

“Faith is the bird that feels the light and sings when the dawn is still dark.”
--Tagore

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SCHEDULED SHUTDOWNS / MAINTENANCE

❑ **Generator Test at HealthPark Medical Center**

The monthly generator test will take place at HealthPark Medical Center on Jan. 6 at 6 a.m. and return to normal at 7 a.m., unless otherwise notified. You may experience one to three electrical bumps at these times. These bumps can affect computers and electronic equipment. Please ensure that your department is aware of this scheduled monthly event in time to exit computer programs and prevent data loss.

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WELLNESS COACH TIP

❑ **Keep Up the Good Work**

Whether you've followed your holiday plan or gotten a little off track, use this week to refocus, recommit, and remember what you love about the season in the first place. If leftovers and extra holiday treats keep you heading for the kitchen, take action:

- Freeze leftovers in single servings for lunches/quick dinners
- Take extra desserts to work to share with co-workers
- Share food with an elderly neighbor
- Invite friends over for a post-holiday potluck dinner

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WOW, WHAT A TEAM

❑ **Occupational Therapist Earns Multiple Recognitions**

Timothy Wilkerwicz, senior occupational therapist with The Rehabilitation Hospital, has supervised numerous occupational therapy fieldwork students from Florida Gulf Coast University over the past 11 years. In recognition of his efforts, Tim was named a Fieldwork Educator of the Year by FGCU's OT program and the Florida OT Education Consortium. Congratulations, Tim!

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❑ **Rehabilitation Hospital Nurse Completes Advanced Training**

Marie Schneider, RN, of The Rehabilitation Hospital, passed the Certified Rehabilitation Registered Nurse (CRRN) Exam. Certification in rehabilitation nursing shows you are committed to excellence in caring for people with physical disabilities and chronic illnesses. It indicates that you are an experienced rehabilitation nurse who has achieved a level of expertise in this practice area. Congratulations, Marie!

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❑ **Food Drive Results**

The Lee Memorial Hospital Spirit Committee hosted its second annual food drive Nov. 28-Dec. 11. The Harry Chapin Food Bank reported that we delivered 1,067 pounds of food. Thanks to everyone who donated generously to this charity.

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- ❑ **Sleep Disorders Center at Plantation Outpatient Center Receives Accreditation**
Our Sleep Disorders Center—located in the Outpatient Center at Plantation—recently received program accreditation from the American Academy of Sleep Medicine (AASM).

To receive a five-year accreditation, a sleep center must meet or exceed all standards for professional health care as designated by the AASM. The accreditation process involves detailed inspection of a center's facility and staff, including an evaluation of testing procedures, patient contacts, and physician training. Additionally, the facility's goals must be clearly stated and include plans for positively affecting the quality of medical care in the community it serves.

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HUMAN RESOURCES

- ❑ **Allergy and Pulmonology Appointments No Longer \$60 Co-pay**
Appointments with allergists and pulmonary specialists were moved from the \$60 appointment co-pay to the \$25 co-pay effective Jan. 1, 2012. We found one of our challenges in our health plan was individuals coming into the ED not on medications. Therefore, we also will cover the Asthma Management Program under the employee health plan. For health plan questions, call the HR Call Center at 424-3500.

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- ❑ **Disability Coverage**
During Open Enrollment, you may have made a change to your short- or long-term disability coverage. If you did, then you will receive a medical questionnaire in the mail at your home. This is for Reliance Standard Insurance. Please complete all of the forms and return them to Reliance Standard Insurance at the address given on the first page. These are needed to approve you coverage. Once Reliance approves this, you will be notified.

If you feel you received these forms in error, or if you have any questions, please contact HR at 424-3500.

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- ❑ **New Retirement Plan Maximums**
The retirement plan annual deferral maximums will increase in 2012:
 - 403b and younger than age 50, \$17,000.
 - 403b at age 50 and older, \$22,500.
 - 457b and younger than age 50, \$17,000.
 - 457b at age 50 and older, \$22,500.

These number represent a \$500 increase.

To enroll or increase your 403b contribution, go to www.divinvest.com or call Diversified at 1-800-755-5801. For the 457b, click [here](#) or call our onsite retirement representative at 239-424-2601.

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SAFELEE

- ❑ **Hand Hygiene: Your Time Has Come**
Over the last several weeks we have written a number of short articles about the importance of hand hygiene and the relationship of good hand hygiene to preventing infections for our

patients, our families and ourselves. We've discussed how clean hands can help prevent one of the major causes of death in the US—health care associated infections, which cause approximately 90,000 deaths per year. We've painted a realistic and somewhat disturbing picture of how health care workers are not living up to their responsibilities regarding hand hygiene, as numerous studies show that caregivers only wash their hands about one-half as often as they should. We have been preparing you for the launch of a new and intense campaign at Lee Memorial Health System to improve and sustain hand hygiene performance within our system. We've developed and distributed numerous hand hygiene posters and banners throughout the System. We've developed an online hand hygiene educational module that is to be completed by all Lee Memorial Health System employees. We are training leaders and safety coaches in how to promote hand hygiene among their staff. We've developed a fair and impartial system of conformance metrics that now is being put into place.

What happens next is up to you:

- Now is when you should complete the training;
- Now is when you should commit yourself to improving your own hand hygiene;
- Now is when you should willingly coach your peers if you witness slips in hand hygiene;
- Now is when you should strive to help make Lee Memorial Health System the best and safest health care system in America

With your help and dedication this can be done. Your time has come.
-- Steve Streed, System Director, Epidemiology and Infection Prevention

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NEWS FROM THE FOUNDATION

❑ **Apply for Funding**

Does your department need a piece of equipment or do you have a seminar you would like to attend? The application period for departments requesting funding from the Lee Memorial Health System annual giving program is in full swing. Applications can be found by visiting the RX Games page on the Foundation website or click [here](#).

All applications are due to the Foundation office by 4 p.m., Dec. 29. No late or incomplete applications will be accepted. Applications should be for future funding only; applications for reimbursement will not be accepted. If you would like more information on the application process or if you have any questions, contact Ali Levine at 343-6067 or Ali.Levine@LeeMemorial.org.

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EMPLOYEE / COMMUNITY EVENTS

❑ **5K Run/Walk to Fight Brain Tumors**

Lee Memorial Health System is a sponsor for Miles for Hope's Moving Towards a Cure Fort Myers 2012 5K Run/Walk. The event takes place on Jan. 7 at Lakes Park (Shelter D1). Registration opens at 9 a.m., continental breakfast will be served. The race starts at 10 a.m. If you are interested in participating or forming a team to participate visit www.brainmorevents.org.

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LEE-BAY

❑ **Wanted: TV and Table**

The Breast Health Center at the Outpatient Center at HealthPark Commons needs a small TV for our waiting room and a small corner table for our patient restroom. Contact Tracy John at 343-7230 or Tracy.John@LeeMemorial.org.

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❑ **Wanted: Desks**

Care Management at Cape Coral Hospital needs two desks. Contact Pam Beiter at 424-3118 or Pam.Beiter@LeeMemorial.org.

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❑ **Free: IV Pole**

Employee Health at HealthPark Medical Center has a free IV pole on wheels. Call 343-5120.

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THE FINE PRINT

❑ **Need to Distribute Your Information? Use the "HYH" Newsletter**

Want to announce a System fundraiser or System-sponsored event?

Have a retirement party to announce?

Need to get rid of office furniture?

Want to tell the System about a name change?

Take advantage of the weekly "Have You Heard?" newsletter. It comes out every Friday in both email and print format. If you need something published, send your text announcements (no flyers or ClipArt, please) to HYH@LeeMemorial.org. Don't forget our weekly deadline—Thursdays at noon.

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