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WHAT'S HAPPENING AROUND LMHS

❑ **Was Your Number Picked In The ESS Early Bird Drawing?**

Employees who completed the Employee Satisfaction Survey this week were automatically entered into the Early Bird drawing for a chance to win either a 42-inch LCD HDTV, or one of three \$500 Visa gift cards.

The winning ticket numbers for the Early Bird drawing are:

241142– 42-inch LCD HDTV
987575 - \$500 Visa gift card
338624 - \$500 Visa gift card
447077 - \$500 Visa gift card

The next drawing will be held Wednesday, Oct. 14. Refer to the back page of your instruction packet to see the list of prizes. The sooner you complete your survey, the more drawings you are eligible for! And remember, departments who reach an 80 percent or higher participation rate will be treated to a pizza party!

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❑ **CCH ED Expansion Phase 2 Completed**

Phase 2 of the CCH ED expansion, which involves expanding the ED's Fast Track area, is now complete. When the entire project is finished, there will be 23,400 square feet of space. In addition to the expanded Fast Track area, there will be 42 patient beds, instead of the current 24. Three of the beds will be dedicated to pediatric care.

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❑ **Be Sure Not To Miss Benefits Open Enrollment!**

Benefit booklets are being distributed by leaders the week of Oct. 12. Check with your leader if you do not receive one. All leaders were asked if they wanted a presentation by HR in their staff / unit meeting this month. If you are in a unit / department that did not request a meeting and you would like to attend one, general sessions are being held at the following dates and times:

Tuesday, Oct. 20
3 p.m. to 4 p.m.

HPMC 1A and B

Tuesday, Oct. 27
9 a.m. to 10 a.m.
GCMC Boardroom

Wednesday, Oct. 28
2:30 p.m. to 3:30 p.m.
LMH MSCR

Thursday, Oct. 29
9 a.m. to 10 a.m.
CCH Meeting Room A

Benefits Open Enrollment is Nov. 1 through Nov. 16. You must go online or call the HR Call Center to enroll in a flexible spending account for Jan. 1, 2010. In addition, if you want to change any of your benefit selections, you must also go online or call the HR Call Center at 772-6500 to enroll.

Remember: If you are enrolled or enrolling in the LMHS Employee Health Plan this year, you must complete an affidavit regarding tobacco use since those who don't use tobacco pay less for the health plan. You must also attest that your dependents meet the definition of dependent under the health plan.

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❑ **Mass Casualty Full-scale Exercise**

LMHS will be participating in a mass casualty full-scale exercise Thursday, Oct. 15 designed to test the response and recovery capability of the Lee County emergency response agencies. The mass casualty incident scenario envisions a major aircraft accident at RSW International Airport resulting in multiple casualties and fatalities.

You may notice some activity in the emergency department while the drill is taking place. There will be an announcement around 9 a.m. that an exercise/drill is in progress.

The purpose of this or any exercise is not to test the skills of the medical and nursing staff; they know how to effectively treat trauma patients. The objectives are to test other areas that have posed problems in the past, to orient people to the Hospital Emergency Operations Center (also known as the Command Centers), and most importantly to track patients!

If you have any questions, contact Connie Bowles, Disaster Preparedness Coordinator, at 772-6612.

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❑ **Did You Know?**

The Senior Behavioral Center at LMH addresses the unique challenges of our aging community. Located on the third floor of LMH, this new 15-bed inpatient psychiatric unit is available to patients who are, generally, 65 years of age or older and need help coping with life's transitions, depression, anxiety, psychosis, dementia or other behavioral changes related to aging.

For more information, a referral service or for 24-hour admissions, contact the Senior Behavior Center at 336-6160.

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❑ **Vegetarian Pay Day Play Day**

"Nothing will benefit human health and increase chances of survival for life on earth as much as the evolution to a vegetarian diet." - Albert Einstein

On Oct. 15, the cafeterias will offer a special Pay Day Play Day with all vegetarian entrées to promote healthier eating for the day. Get a great meal for a great price!

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❑ **Get Ready For TCH's Annual Trick-Or-Treat**

The patients of The Children's Hospital will trick-or-treat around HPMC on Oct. 30 at 1 p.m. Contact Kelley Cowan at Kelly.Cowan@LeeMemorial.org or call 432-4122 to RSVP for the trick-or-treat route.

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❑ **Candy Needed For Safe Halloween Event**

The Trauma Injury Prevention department is looking for candy for the Stars Complex Family Fun Fest on Oct. 29 and the LMHS Child Care event on Oct. 30. Both events are designed to provide safe Halloween fun for local children.

Candy donations can be dropped off in the emergency department at LMH to Syndi Bultman or Trauma Services to Ericka McDermott.

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HEALTH TIPS AND WEEKLY REMINDERS

❑ **Do You Have A Plan?**

Nov. 19 – when LMHS goes tobacco free—is right around the corner!

Can you make it through the day without a cigarette? See the Better Breathing Crew on Wednesday, Oct. 14 in your cafeteria from 10 a.m. to 2 p.m. to discuss your options.

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❑ **Join The Fitness Challenge At The Wellness Center Of Cape Coral**

The Wellness Center of Cape Coral challenges you to put your health and fitness at the top of your to-do list for the next 10 weeks. By adding cardio three times a week and strength training two times a week, a goal of losing 10 pounds by New Year's is very achievable.

Stop by Member Services to activate your employee Wellness Center membership and start experiencing the results. For more information, visit <http://intranet1/wellness/default.asp>.

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❑ **Reflection For Difficult Days**

This reflection is provided by the LMHS Spiritual Services department.

“If you judge people, you have no time to love them.” --Mother Teresa

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❑ **Start! Walking Tip Of The Week**

While waiting at the gate for your flight, walk around the airport for 10 minutes.

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SCHEDULED SHUTDOWNS / MAINTENANCE

❑ **CCH Monthly Generator Test**

The CCH monthly generator test will take place Oct. 15. This test will begin at 5 a.m. and return to normal at 7 a.m., unless otherwise notified.

You will experience one to three electrical bumps at these times. These bumps can affect computers and electronic equipment. Please ensure that your department is aware of this scheduled monthly event in time to exit computer programs and prevent data loss.

If an extreme emergency arises at the last moment, or if you have questions or concerns, please call Plant Operations at extension 1860.

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CLASSES AVAILABLE / EDUCATIONAL OPPORTUNITIES

❑ **Save The Date: Education Fairs Are Coming Soon**

Would you like to move up in your career? Are you interested in going back to school? Do you want to pursue a college degree or a master's degree program?

Then you won't want to miss this! The annual Education Fair is back and will take place at a hospital near you. It's a great chance to talk about your future with colleges, universities and technical schools. You can also learn more about LMHS' tuition reimbursement program and in-house learning resources.

The Education Fairs will take place from 7:30 a.m. to 2 p.m. at the following locations and dates:

GCMC Community Room
Monday, Oct. 26

HPMC Atrium

Tuesday, Oct. 27

CCH Auxiliary Conference Room
Wednesday, Oct. 28

LMH Auditorium
Thursday, Oct. 29

The event is free and everyone is welcome to attend! So tell your fellow coworkers, family and friends about one of the upcoming LMHS Education Fair events. Open to the community!

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□ **It's Time Again For HR Fundamentals**

The "key" to understanding employment laws and LMHS policies!

This program includes two half-day sessions held in the OnBoarding Room at CCH from 8 a.m. to 12:30 p.m., Tuesday, Oct. 27 and Wednesday, Oct. 28.

The following topics will be covered:

Avoiding legal pitfalls as an employer/manager
Selecting and hiring talented employees
Unemployment compensation
Pro-active approach to performance management
LMHS attendance/tardiness policy
Drug-free workplace and re-entry to work policy
Workers Compensation
Family and Medical Leave Act
Americans with Disabilities Act
PERC UP
Discrimination, harassment and retaliation
Wage and Hour and LMHS timekeeping
If interested in attending, please e-mail Amy Ortiz or call her at 772-6537.

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WOW! WHAT A TEAM

□ **Gina Mitas And Diane Clifton Have Been Promoted**

Gina Mitas, RN, BSN, has been promoted to ICU Clinical Supervisor at GCMC. Gina has been with LMHS for more than seven years. She brings with her six years of experience and dedication in the ICU. Her caring and giving each day will be an asset to the ICU department at GCMC. Her generosity of caring for her patients is one of her best qualities, and it shows each day.

Diane Clifton, RN, has been promoted to ICU Clinical Educator at GCMC. Diane has been with LMHS for more than 12 years. She brings with her years of experience in the Intensive Care Unit. Her positive, outgoing personality will be an asset to the department, as well as LMHS. She will be there to make sure that staff are trained properly and understand the meaning of "Caring People, Caring for People."

Congratulations, Gina and Diane!

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❑ **Congratulations to Ken Shoriak**

Ken Shoriak of the LMHS Foundation was recently named a member of the Community Advisory Board for the Junior League of Fort Myers. The board is charged with keeping the organization up to date on community trends, opinions and needs while at the same time communicating the Junior League's purpose and programs to the community.

Way to go, Ken!

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EMPLOYEE/ COMMUNITY EVENTS

❑ **Only A Few Weeks Left To Increase Your Chances To Win**

Increase your chances to win the \$250 spa day at the Lee Center for Rehabilitation & Wellness by scheduling a massage today. The drawing will take place Oct. 30. Every time you get a massage, you are entered to win! Plus, schedule any type of massage and get your next one at half price. Schedule a massage today with either Silvana Coomer or with Debra Ziebell by calling 418-2000.

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AUXILIARY CORNER

❑ **Fall Uniform And Shoe Sale**

The CCH Auxiliary's Cape Uniforms & More Store is hosting a fall uniform and shoe sale on Oct. 20 and Oct. 21 in the CCH Auxiliary Meeting Room from 7 a.m. to 5 p.m. They will have a wide array of uniforms, scrubs, shoes and accessories, as well as a selection of LMHS-logoed shirts and jackets.

Come early for the best selection! Check out the latest fashion from Cherokee, Grey's Anatomy, Baby Phat, Dickies, Koi and more. Also, you won't want to miss the clearance rack!

Please note the Cape Uniforms & More store at CCH will be closed Monday, Oct. 19 through Wednesday, Oct. 21, but you can visit them at the show!

All profits earned from Cape Uniforms & More fundraising directly benefit LMHS.

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❑ **No Trick, Just A Treat**

Beginning Oct. 31, Cape Uniforms & More is proud to offer new Saturday hours for your convenience. Located in CCH at the Women's and Children's entrance, the store will be open from 9 a.m. to 5 p.m. on Saturdays. The store is open Monday through Friday from 7:30 a.m. to 5 p.m. and is closed on Sundays. Cape Uniforms is a CCH Auxiliary business and all proceeds benefit LMHS.

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FOUNDATION EVENTS

- ❑ **Don't Miss The Eighth Annual Cat Country Helping Kids With Cancer Radiothon**
This Radiothon benefits The Children's Hospital of Southwest Florida.

It will be broadcast live Oct. 16 from 6 a.m. until 7 p.m. at Miromar Outlet Mall. All proceeds will benefit Barbara's Friends - The Children's Hospital Cancer Fund.

To make a pledge on the day of the Radiothon, or if you want to make a pledge in advance or receive more information, call 866-609-KIDS. If you would like to volunteer your time during the Radiothon, call 985-3550.

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- ❑ **Breakfast With The Blades**
Don't miss the second annual "Breakfast with The Blades" Oct. 25 from 10:30 a.m. to 1 p.m. at the Hyatt Regency Coconut Point in Bonita Springs. This is a truly one-of-a-kind event for the sports fan!

The Florida Everblades team will sit down with guests for a full hot breakfast and to chat about the upcoming Blades season. Also included are silent and live auctions that will feature autographed memorabilia from some of the biggest sports and entertainment stars including items from Jason Taylor, the cast of "Twilight," the cast of "The Soprano's," AC/DC's Cliff Williams and fun trips and travel.

Plus, it's your chance to bid on the hottest "cold" tickets around---accommodations for an unforgettable New Year's Eve in Boston and four luxury suite tickets to the NHL Winter Classic to see the Bruins battle the Flyers outdoors in Boston's famed Fenway Park!

Net proceeds from the event will benefit programs and treatments at The Children's Hospital of Southwest Florida. Tickets are \$100 for adults and \$50 for children's under 12. Call the Foundation today at 985-3550 to reserve your seat on the roster!

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- ❑ **Book Drive For Barbara's Friends**
The Ohio State University Alumni Club of Southwest Florida, in an effort to raise funds for obtaining children's books for Barbara's Friends, is working together with Barnes & Noble to host a book drive and book fair at the Fort Myers store on Oct. 24. The Café and Book Store will be open from 9 a.m. to 11 p.m. and will feature special in-store events throughout the day for all ages, including clowns, various performers, and local authors who will be available to autograph their books.

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- ❑ **Key To The Cure Charity Shopping Weekend And Humanitarian Awards**
Don't miss the Key to the Cure Charity Shopping Weekend and Humanitarian Awards

Thursday, Oct. 15 from 6 p.m. to 8 p.m.! The evening features complimentary hors d'oeuvres, wine, entertainment, presentation of the 2009 Humanitarian Awards, the chance to win some amazing prizes, and of course — balloons! Saks Fifth Avenue Bell Tower will close the store to the public for this special evening. Space is limited and this private event is one you won't want to miss!

This event kicks off a unique weekend-long shopping event at Saks Fifth Avenue Bell Tower. All Saks Fifth Avenue stores and Saks.com have united to donate 2 percent of weekend sales to women's cancer initiatives in their local market during the annual Key to the Cure Shopping Weekend celebration. The Regional Cancer Center will benefit from Saks at the Bell Tower. The event is free of charge. Call the Foundation office at 985-3550 to place your name on the guest list.

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- ❑ **Support The Regional Cancer Center And Women's Cancer Initiatives**
Support The Regional Cancer Center and women's cancer initiatives at the Pink Tie Blues Event Sunday, Oct. 18 from 6 p.m. to 9 p.m. Join honorary chair Sunny Lubner as the Sidney and Berne Davis Art Center in downtown Fort Myers is transformed into a jazz and blues lounge with entertainment by The Bunch featuring Ernie Cantu, hors d'oeuvres, chocolates by Irresistible Confections, wine by Total Wine, music, silent auction and pink ties hand painted by local artists.

Tickets are \$75. Call 985-3550 to purchase your ticket today!

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LEE-BAY

- ❑ **Freebie: Binders**
The Marketing department has 14 dark green 1.5-inch binders up for grabs.

Interested? E-mail Marketing@LeeMemorial.org.

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THE FINE PRINT

- ❑ **Need To Get Your Information Out? Use The "HYH" Newsletter!**
Want to announce a System fundraiser or System-sponsored event?
Have a retirement party to announce?
Need to get rid of office furniture?
Want to tell the System about a name change?

Take advantage of the weekly "Have You Heard?" newsletter. It comes out every Friday in both e-mail and print format. If you need something published, just send your text announcements (no flyers or ClipArt please) to hyh@LeeMemorial.org. Don't forget our weekly deadline—Thursdays at noon.

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