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## WHAT'S HAPPENING AROUND LMHS

❑ **Important Message From The Florida Poison Information Center**

The Florida Poison Information Center would like to urge everyone, particularly health care and emergency room staff, to immediately update their phone lists to reflect the correct number for the nationwide Poison Control Hotline: 800-222-1222.

As of Oct. 1, the telephone number 800-282-3171, which prior to 2002 was the Florida Poison Control hotline number, has been repurposed by the Florida Department of Health as the "H1N1 Flu Vaccine Hotline."

This hotline is now handling calls from people who have received the vaccine and believe they are experiencing adverse events, or who have questions about their shots. The Florida Poison Information Center anticipates that calls to this line are about to increase, and the Center is very concerned that poison exposure calls will be dropped or that waiting times will increase dramatically if people call the Flu Vaccine Hotline when they actually need the Poison Control Hotline.

**Please note that all poison exposure or questions must be directed to 800-222-1222.** Additionally, please check phone lists, databases or speed-dial settings. This will ensure that you can access Poison Control's free, lifesaving services promptly.

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❑ **Mark Your Calendar: Benefit Fairs Coming Soon!**

Benefit fairs will be held at locations listed below just in time for Open Enrollment. Mark your calendars to see the "LMHS Team of Benefits." Vendor representatives for our dental insurance, vision insurance, flexible spending accounts, health insurance and others will be there to answer questions. You can enter the chance drawings to win some great prizes, too.

LMH Auditorium  
Monday, Oct. 26

CCH New Café  
Tuesday, Oct. 27

Santa Barbara Atrium  
Thursday, Oct. 29

HPMC Atrium  
Friday, Oct. 30

GCMC Community Room  
Monday, Nov. 2

All fairs will run from 7 a.m. to 4 p.m., with the exception of Santa Barbara which will run from 10 a.m. to 3 p.m.

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❑ **Congratulations To Last Week's ESS Drawing Winners**

Congratulations to the following employees with the winning ticket numbers for the Oct. 14 drawing:

166780 - MSI Wind Mini Netbook  
712559 - MSI Wind Mini Netbook  
358968 - MSI Wind Mini Netbook  
525140 - Nikon Coolpix Digital Camera  
709909 – Nikon Coolpix Digital Camera  
840098 - Wii game console with Wii Fit and Racing Bundle  
435200 - Sony Blu-Ray Disc Player  
524375 - One-year membership to LMHS Wellness Centers  
912018 - One-month membership to LMHS Wellness Centers  
155407 - One-month membership to LMHS Wellness Centers  
921193 - One-month membership to LMHS Wellness Centers  
988514 - \$100 Visa Gift Card  
553712 - \$100 Visa Gift Card  
517854 - \$100 Visa Gift Card  
306497 - \$100 Visa Gift Card  
379214 - \$100 Visa Gift Card  
359575 - \$50 Visa Gift Card  
200298 - \$50 Visa Gift Card  
352166 - \$50 Visa Gift Card  
912095 - \$50 Visa Gift Card  
862870 - \$50 Visa Gift Card  
523177 - \$50 Visa Gift Card  
488456 - \$50 Visa Gift Card  
316128 - \$50 Visa Gift Card  
234754- \$50 Visa Gift Card  
275417- \$50 Visa Gift Card

The next drawing will be held Wednesday, Oct. 21. Refer to the back page of your instruction packet to see the list of prizes. The sooner you complete your survey, the more drawings you are eligible for! And remember, departments who reach an 80 percent or higher participation rate will be treated to a pizza party!

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❑ **Tell A Friend About The Nursing And Allied Health Job Fair**

Lee Memorial Health System will be hosting a Nursing and Allied Health Job Fair Tuesday, Oct. 20 from 3 p.m. to 7 p.m. at Gulf Coast Medical Center in the Community Room.

Your help is needed in recruiting nursing and allied health professionals to join LMHS' award-winning team. Take advantage of the employee referral program and you may be eligible to receive up to a \$2,500 bonus.

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❑ **New Programs At LMHS**

LMHS, in partnership with the ALS Association, Florida Chapter, has created an ALS clinic to provide area patients comprehensive care close to home. Located in The Outpatient Center at Plantation, the ALS Clinic provides wide-ranging care to ALS

patients throughout the region. For more information call Alan Cunningham, clinic coordinator, at 336-6749.

The Asthma Health Management Program, conducted in The Outpatient Center at Plantation, is an educational program for adult and children as young as 5 years old. Patients are referred by their primary care physician, pediatrician, pulmonologist or emergency department physician. Teresa Summe, RRT, AE-C, is the program's full-time certified asthma educator. For more information, call 343-0765.

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❑ **Don't Forget To Log Your Miles!**

Oct. 31 is the last day of the LMHS vs. PRHS Start! Challenge. Last week, LMHS averaged 29 miles per employee.

Remember, you make a difference! Just move more and be sure to record your activity on a weekly basis, if possible.

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❑ **Blessing Of Hands Services**

Blessing of Hands services will be offered by the LMHS Spiritual Services department during the week of Oct. 25 - 31 as a part of National Pastoral Care Week 2009. Blessing of Hands is a ritual practiced in some health care settings. It is one way of affirming and empowering individuals in their healing care.

Services are brief, interfaith, and available to employees, staff and volunteers who choose to attend. Locations and times are as follows:

CCH Bonner Chapel

Oct. 28

11:30 a.m. to 12:30 p.m. and 6:30 p.m. to 7:30 p.m.

GCMC Gulf Coast Chapel

Oct. 29

noon. to 12:30 p.m. and 1 p.m. to 1:30 p.m.

HPCC Activity Room

Oct. 29

3:30 p.m. to 4:30 p.m.

HPMC Peters Memorial Chapel

Oct. 29

11:30 a.m. to 12:30 p.m. and 6:30 p.m. to 7 p.m.

LMH Crump Chapel

Oct. 27 and Oct. 29

1:30 p.m. to 2:30 p.m.

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❑ **Have You Seen The Orthopedic Unit's Recliner?**

The second floor Orthopedic Unit at LMH is offering a \$25 gift card as a reward for the return of a missing Lumex recliner. The blue recliner has white side tables and may have a plant operations sticker with the number 213260 on it. These recliners are used for the Joint Center Program, and they desperately need it back.

If you have seen the missing chair, please call Dolly at 332-6426.

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❑ **Get Ready For TCH's Annual Trick-Or-Treat**

The patients of The Children's Hospital will trick-or-treat around HPMC on Oct. 30 at 1 p.m. Contact Kelley Cowan at [Kelley.Cowan@LeeMemorial.org](mailto:Kelley.Cowan@LeeMemorial.org) or call 432-4122 to RSVP for the trick-or-treat route.

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## HEALTH TIPS AND WEEKLY REMINDERS

❑ **The BBC Is Here For The Night Shift**

Can you make it through the day without a cigarette? Nov. 19 – when LMHS goes tobacco free—is right around the corner!

The BBC will be available with quit smoking tips and support for the nightshift in the cafeteria at GCMC on Oct. 21 from 9 p.m. to 11 p.m. and at HPMC on Oct. 30 from 1 a.m. to 3 a.m.

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❑ **HIPAA Questions And Answers**

Question:

Can we release protected health information, or PHI, concerning a patient to the American Red Cross?

Answer:

The American Red Cross provides emergency communications and social services for members of the U.S. military. The Red Cross verifies all family emergencies for military commanders before emergency leave is approved. If the patient is available, the hospital or physician can provide the PHI if the patient orally agrees to provide it; the patient is given an opportunity to object to disclosure and declines to do so; or the health care provider infers from circumstances that the patient does not object to disclosure.

If the patient is incapacitated, and has no opportunity to object, then hospital or physician can release PHI if they determine it would be in the best interests of the patient.

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❑ **Reflection For Difficult Days**

This reflection is provided by the LMHS Spiritual Services department.

"Although the world is full of suffering, it is also full of the overcoming of it." --Helen Keller

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- ❑ **Start! Walking Tip Of The Week**  
When shopping, walk one or two laps around the mall before making your purchases.

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## WOW! WHAT A TEAM

- ❑ **Congratulations To Rebecca Brestel And Josette Alarcon**  
Rebecca Brestel, RN, BSN, and Josette Alarcon, RN, BSN, of GCMC have successfully completed the Certified Registered Nurse Infusion exam.

Both nurses had to meet strict eligibility requirements prior to sitting for the extremely challenging CRNI exam. Rebecca and Josette are vital members of the GCMC Vascular Access Nursing team who have repeatedly demonstrated a commitment, dedication and desire to provide high quality care to LMHS' patients.

Way to go, Rebecca and Josette!

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## EMPLOYEE/ COMMUNITY EVENTS

- ❑ **Free Autism Screenings**  
TCH, in partnership with the Ronald McDonald House Charities of Southwest Florida, will offer free monthly autism spectrum disorder screenings for toddlers 18 months to 36 months of age. The first screening will be held Nov. 6 from 9:30 a.m. to 2 p.m. in the Ronald McDonald Care Mobile, located in the CCH parking lot. Additional screenings will be conducted monthly at different locations across Lee County. A physician referral is not required. To schedule a screening, call 985-3608.

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- ❑ **Top 10 Problems Caused By Leaky Leg Veins**  
The educational seminar by Dr. Joseph Magnant will take place Wednesday, Oct. 21 from 5:30 p.m. to 6:30 p.m. at the Lee Center for Rehabilitation & Wellness.

Seating is limited, so call 418-2000 to register today. Snacks will be provided. You can also enter to win one \$250 sclerotherapy gift card and one gift basket.

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- ❑ **Are You Living With Diabetes?**  
Dr. Salvatore Lacagnina is speaking at The Wellness Center of Cape Coral about "Living Well with Diabetes." Attend this seminar to find out how you can improve your health and better manage your disease. The one-hour presentation will begin at 4 p.m. on Thursday, Oct. 22 in the second floor conference room.

To register, call 573-4800 or visit the front desk at the Wellness Center.

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## AUXILIARY CORNER

- ❑ **Donate Your Furniture And Household Items To The Pink Bazaar**  
Are you cleaning house or making room for the holidays? The Pink Bazaar is in need of furniture and household donations. Please call 939-0808 to make an appointment for pick-up.

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## FOUNDATION EVENTS

- ❑ **California Pizza Kitchen Teams Up With The Florida Everblades To Help TCH!**  
Please join The Children's Hospital of Southwest Florida and the Florida Everblades at California Pizza Kitchen for a flavorsome fundraising event Oct. 23, 24, 30 and 31 from 11 a.m. to 9:30 p.m.

Simply print out this flyer [www.leememorial.org/foundation/pdf/Philanthropizza.pdf](http://www.leememorial.org/foundation/pdf/Philanthropizza.pdf) and present it to your server at the Coconut Point or Waterside Shops location. Bring your family and friends because 20 percent of your check will be donated to The Children's Hospital of Southwest Florida! It's also available for take-out!

Come out and enjoy something delicious from the CPK menu and help local kids!

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- ❑ **Breakfast With The Blades**  
Don't miss the second annual "Breakfast with The Blades" Oct. 25 from 10:30 a.m. to 1 p.m. at the Hyatt Regency Coconut Point in Bonita Springs. This is truly a one-of-a-kind event for the sports fan!

The Florida Everblades team will sit down with guests for a full hot breakfast and to chat about the upcoming Blades season. Also included are silent and live auctions that will feature autographed memorabilia from some of the biggest sports and entertainment stars, including items from Jason Taylor, the cast of "Twilight," the cast of "The Soprano's," AC/DC's Cliff Williams and fun trips and travel.

Plus, it's your chance to bid on the hottest "cold" tickets around--accommodations for an unforgettable New Year's Eve in Boston and four luxury suite tickets to the NHL Winter Classic to see the Bruins battle the Flyers outdoors in Boston's famed Fenway Park!

Net proceeds from the event will benefit programs and treatments at The Children's Hospital of Southwest Florida. Tickets are \$100 for adults and \$50 for children under 12. Call the Foundation today at 985-3550 to reserve your seat on the roster!

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## THE FINE PRINT

- ❑ **Need To Get Your Information Out? Use The "HYH" Newsletter!**
  - Want to announce a System fundraiser or System-sponsored event?
  - Have a retirement party to announce?
  - Need to get rid of office furniture?
  - Want to tell the System about a name change?

Take advantage of the weekly "Have You Heard?" newsletter. It comes out every Friday in both e-mail and print format. If you need something published, just send your text announcements (no flyers or ClipArt please) to [hyh@LeeMemorial.org](mailto:hyh@LeeMemorial.org). Don't forget our weekly deadline—Thursdays at noon.

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