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WHAT'S HAPPENING AROUND LMHS

❑ **Countdown To Tobacco Free Lee**

We're only a few days away from when LMHS goes tobacco free on Nov. 19. LMHS will be joining more than 1,082 U.S. hospitals and health systems that have also decided to go tobacco free at their facilities.

Do you need help kicking the habit? Here are some resources:

Freedom from Smoking classes are free to employees and their spouses on the LMHS Health Plan. Call 573-5720 to register.

LMHS will pay for up to \$500 (lifetime) toward nicotine cessation products for all employees and their spouses! The spouse must be enrolled in the LMHS Health Plan to receive this benefit. For more information, e-mail HealthPlanPharmacy@LeeMemorial.org.

The Easy Way to Stop Smoking by Allen Carr is available in the LMHS gift shops.

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❑ **Have You Enrolled For Benefits?**

Benefits open enrollment ends Nov. 16!

Remember, if you are in the Employee Health Plan, you must go online or call the HR Call Center at 772-6500 to complete the attestation statements to have health plan coverage Jan. 1, 2010. In addition, you must go online or call the HR Call Center to enroll in a flexible spending account since the IRS requires you to enroll each year.

Enrollment instructions are inside your benefits booklet. If you did not receive your booklet, please see your leader.

In addition, there is a link on the IntraLee home page to make it easier for you to get into the Benefits Open Enrollment screens. Just go to the IntraLee home page.

Do not forget to enroll if you want a flexible spending account or to complete your attestation statements if you want the LMHS Employee Health Plan. Also, be sure you have made any additional benefits changes you want for Jan. 1, 2010.

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❑ **Are You Graduating From Nursing School?**

An information session for the LMHS nurse internship program will be held Tuesday, Nov. 17 from 6 to 7:30 p.m. in the New Cafe at Cape Coral Hospital.

This session will acquaint LMHS employees interested in the nurse internship with the process for application and answer questions about the internship program.

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❑ **Adopt A Family This Holiday Season**

LMHS is hoping to spread a little extra holiday cheer this season with the Adopt a Family program. All “adoptions” are made anonymously.

The program is for the children of LMHS staff only (age 12 and under), to try to assist those in need during these difficult economic times. Staff can contact their supervisor, Mike Polito or Genny White to get a copy of the application form. You may fax this to 574-0162. You must also submit the original form, which you can send via interoffice mail.

The deadline for staff submission of the request form is Dec. 1.

If you are interested in adopting an LMHS family that may be going through a difficult time, call Mike Polito at 574-0291 or Genny White at 573-5415 no later than Nov. 23. Please provide the size of the department/number of participants so the appropriate size family or families can be assigned. Please designate a contact person in the department who can coordinate collecting the gifts.

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❑ **Take The Educational Needs Survey**

The education needs analysis online survey will help to determine the educational needs of LMHS employees. This survey will be online until Dec. 5.

Click here to take the survey:

<http://www.zoomerang.com/Survey/?p=WEB229NKYV353X>.

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❑ **IS Has Created A New Electronic Service Request Form System**

The IS department has now made the service request form, also known as SRF, electronic. In other words, you will be able to fill out the form through an online system located on IntraLee under SYSTEM-WIDE applications. Say goodbye to printing and faxing!

IS is retiring the previous process of downloading and filling out the service request form, and then submitting via fax to IS. They will still accept faxed forms; however, they encourage using the time-saving online system.

The new electronic SRF system will be available on Monday, Nov. 16. You can learn more about the system by reading the instructions here:

http://intranet1/informationssystem/help_desk/pdf/srf_system/srf_instructions.pdf. If you have any questions or concerns, call the IS Help Desk at 343-7900.

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❑ **Medical Transcription Is On The Move**

Medical Transcription for LMH, HPMC, CCH and LPG has relocated from the Santa Barbara Building to Cape Coral Hospital, Suite 105, as of Tuesday, Nov. 10.

The new department phone number is 573-3800 and the new fax number is 573-3876. The new direct phone number for Janet Heiser, Manager, is 573-3880.

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❑ **Save The Date!**

Mark your calendar for the annual PPEC ice cream social on Dec. 10. The Food and Nutrient department adopted the program 10 years ago and it has been a success. All proceeds go to help buy holiday gifts for children with special needs in the Prescribed Pediatric Extended Care program.

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❑ **Do You Want To Wear Jeans To Work?**

The Lee County Heart Walk is taking place Dec. 12. You can help support the LMHS Heart Walk team by wearing jeans to work on the following days:

Friday, Nov. 13

Friday, Nov. 20

Friday, Nov. 27

Friday, Dec. 11

Saturday, Dec. 12 (Employees who are working on the day of the Heart Walk can join the team in spirit by wearing jeans.)

Donations accepted for \$2 per day; cash or check payable to AHA. Wearing of jeans must comply with LMHS and department dress code. Tickets to wear jeans are available in the LMHS gift shops or by contacting Sandy Childress, LMHS Company Leader, at 432-3139 or 980-3669.

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HEALTH TIPS AND WEEKLY REMINDERS

❑ **Reflection For Difficult Days**

This reflection is provided by the LMHS Spiritual Services department.

“All things are possible until they are proved impossible—and even the impossible may only be so as of now.” –Pearl S. Buck

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❑ **It's Time To Quit Cold Turkey!**

Enjoy a turkey wrap and soda for only \$2.25 on Thursday, Nov. 19 at any one of the LMHS hospital cafeterias to celebrate your success kicking the habit or your goal to kick the habit!

There will also be complimentary cake to celebrate “desserting” tobacco!

Additionally, the Better Breathing Crew will be there from 11 a.m. to 2 p.m. to celebrate your success and help you on your way to becoming tobacco free. Dispose of your tobacco products in the BBC garbage can and the BBC will give you a Spirit Award.

Stop by and enter to win a copy of Allen Carr's book, The Easy Way to Stop Smoking. The drawing will be held at 2 p.m.

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SCHEDULED SHUTDOWNS / MAINTENANCE

❑ **CCH Monthly Generator Test**

The CCH monthly generator test will take place on Nov. 19. This test will begin at 3 a.m. and return to normal at 7 a.m., unless otherwise notified.

You will experience one to three electrical bumps at these times. These bumps can affect computers and electronic equipment. Please ensure that your department is aware of this scheduled monthly event in time to exit computer programs and prevent data loss.

If an extreme emergency arises at the last moment, or if you have questions or concerns, call Plant Operations at extension 1860.

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WOW! WHAT A TEAM

❑ **These Nurses Rock!**

Congratulations to Stacey Drouin-Afrentoiaie, RN, Dairia Moore, RN, Jennifer Johnson, RN, and Timothy Chet Jelinger, RN, for passing the Med-Surg certification exam! Stacey, Dairia and Jennifer work on 3 North at CCH. Timothy works on 4 East at CCH.

Great job, team!

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❑ **Three Cheers For Marissa Derrick**

Marissa Derrick was selected as the November 2009 Employee of the Month for Women's and Children's Services at GCMC.

Marissa's co-workers said the following:

"Marissa is a great person to work with."

"She is always pleasant and has a smile."

"Marissa is reliable, supportive and helpful."

Employees are nominated by their peers and exhibit excellent customer service skills, consistently go above and beyond their duties, are team players, hard working, flexible and professional.

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❑ **Congratulations To Sandi Falk**

Sandi Falk, RN, BSN, CNOR, is this year's recipient of the Rose of Care Award. She works in Surgical Services at HPMC.

The award was created to raise the public's awareness of the critical shortage of nurses in our community and of the importance of honoring these individuals. Sandi will be going on an all expenses paid nurses' mission trip to Hadassah Hospital in Israel this spring.

Way to go, Sandi!

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- ❑ **Kudos To Carolyn Craig**
Carolyn Craig, RN, passed the Association of Pediatric Hematology/Oncology Nurses certification exam and is now CPON certified! Carolyn works in the Pediatric Hematology/Oncology clinic.

Congratulations, Carolyn!

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EMPLOYEE/ COMMUNITY EVENTS

- ❑ **LMHS' Wellness Centers Offer The Gift Of Wellness**
This holiday season choose the gift that keeps giving all year long...the gift of wellness! Contact member services for special holiday discounts and holiday gift certificates.

For more information, call the Wellness Center of Cape Coral at 573-4800, the Lee Center for Rehabilitation & Wellness at 418-2000, or visit www.leememorial.org/wellness.

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- ❑ **Pies, Turkeys And Hams Will Benefit Soldiers And Their Families**
People who plan to enjoy a turkey, ham or pie this Thanksgiving can do their shopping at one of LMHS' hospitals. That's because LMHS has once again teamed up with Mason's Bakery and the HoneyBaked Ham Company for a perfectly scrumptious fundraiser to benefit those in the armed services.

You can choose from 7 or 9-pound spiral hams and roasted or smoked turkey breasts. Nine-inch pies come in six flavors, including pecan, apple, pumpkin, chocolate cream, peanut butter cream and key lime. An assorted mini dessert box with 30 pieces of desserts is \$20. Fruit basket cakes are \$25, pies are \$12 or \$14 each and meats range from \$25 to \$55.

If you would like an order form, e-mail Kim Gaide at Kim.Gaide@LeeMemorial.org or call 343-9690. The deadline to place your order is Friday, Nov. 20.

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AUXILIARY CORNER

❑ **\$5 Clothing Bag Sale**

The Pink Bazaar is holding its first \$5 clothing bag sale on Wednesday, Nov. 18 through Saturday, Nov. 21. Fill a grocery bag full of great quality clothing for \$5!

Hurry in for the best selection! The Pink Bazaar is open from 9 a.m. to 5 p.m., Monday through Saturday.

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NEWS FROM THE MEDICAL LIBRARY

❑ **New Online Video Program**

The online video program Evidence-Based Pressure Ulcer Management has been added to the ProQuest collection. This 2007 program addresses the following:

Prevention
Development and Staging
Risk Assessment
Wound Assessment and Documentation
Pain, Nutrition and Infection Assessment
Treatment

To view the program, go to <http://intranet1/medlibrary/databases.asp> and select ProQuest. Click on the Publications tab and type "evidence based pressure" in the window provided. When the link for the video appears, click on it, and then click on video.

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FOUNDATION EVENTS

❑ **There Is Still Time To Win The Custom Christmas Tree To Decorate Your Home**

Take a chance to win a beautiful custom Christmas tree made by Miss Lucy's House of Holidays, worth more than \$1,000! Tickets are \$5 each or six for \$20. The tree is green with custom gold butterflies and ornaments. To purchase tickets online, go to <https://co.clickandpledge.com/default.aspx?wid=30034>.

The Foundation will also have a table Nov. 18 at LMH and Nov. 19 at HPMC to sell tickets between 11 a.m. and 1:30 p.m. Please stop by and purchase tickets! Less than 100 tickets have been sold!

Additional dates may follow! If you have questions or need additional information, e-mail Katy.Torres@LeeMemorial.org or call 985-3576.

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THE FINE PRINT

❑ **Need To Get Your Information Out? Use The "HYH" Newsletter!**

Want to announce a System fundraiser or System-sponsored event?
Have a retirement party to announce?
Need to get rid of office furniture?
Want to tell the System about a name change?

Take advantage of the weekly "Have You Heard?" newsletter. It comes out every Friday in both e-mail and print format. If you need something published, just send your text announcements (no flyers or ClipArt please) to hyh@LeeMemorial.org. Don't forget our weekly deadline—Thursdays at noon.

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