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Natural Standard: Create Profile

Please enter the information requested below, then click the "Continue" button.

This information is collected for our Continuing Education records and for inclusion on Certificates of Completion.

*** denotes required field.

* Email Address:

* Password:

* First Name:

* Last Name:

* Profession:

* Degree:

Specialty:

* Licensed to practice in US or Canada: Yes No

License number (if licensed):

Institution:

* Address:

Address 2:

* City/Region:

* State/Province (US, Canada):


Region/Province (other):


* Zip/Postal Code:

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Read the program introduction and Professional Monograph.

Natural Standard: Accreditation [Privacy Statement](#)

 **Natural Standard**
The Authority on Integrative Medicine

 **AMERICAN HEALTH RESOURCES, INC.**

Please review the following accreditation information. To start the module, scroll to the bottom and click on "Start Program" to begin this program.

Activity and Accreditation Information

Title of Activity: Ginkgo: Safety & Effectiveness

Statement of Need

Clinicians in the community and other areas of practice are approached by many patients for questions on complementary and alternative medicines (CAM). High utilization herbs and supplements are popular topics. Confusion exists amongst healthcare professionals on the role of natural products in integrative care. This activity is aimed at addressing the evidence of benefit or lack thereof and safety concerns surrounding the use of Ginkgo (*Ginkgo biloba* L.) and will assist participating health care providers in make evidence-based therapeutic decisions.

Target Audience: Pharmacists, pharmacy technicians and nurses interested in complementary and alternative medicine

Educational Objectives - Pharmacists and Nurses:

After reading this monograph, the participant should be able to:

1. Identify common uses and contraindications for ginkgo supplements.
2. Counsel patients on the appropriate use, safety and effectiveness of ginkgo.
3. Provide integrative care via educated communications surrounding use of ginkgo supplements with other therapeutic regimens.

Educational Objectives - Technicians:

Click [Start Post-test] button.

Natural Standard: Ginkgo: Safety & Effectiveness Assessment

Please read the entire monograph below and then click on "Start Post-test" when you are ready to proceed.

While taking each test, questions will appear in the top half of the computer screen. In the bottom half of the screen, the monograph text will appear, and the right-side scroll bar can be used to navigate up and down through the monograph to locate the answer to each question. After starting the test, you can also view or print the entire monograph by selecting the "Print" button.

Review the Ginkgo information below

Ginkgo (*Ginkgo biloba* L.)

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Synonyms/Common Names/Related Substances:

- Adiantifolia, AKL1, arbre aux quarante écus, ArginMax®, bai guo ye, baiguo, BioGinkgo®, Blackmores Ginkgo Brahma (Bacopa monniera), BN-52063, duck foot tree, EGb, EGb 761, Elefantenoher, Eun-haeng, fächerblattbaum, Fossil tree, GBE, GBE 24, GBX, ginan, Gincosan®, Ginexin Remind®, ginkgo, Gingopret®, Ginkai®, ginkgo balm, *Ginkgo biloba* blätter, Ginkgo biloba exocarp polysaccharides (GBEP), Ginkgo folium, Ginkgo Go®, Ginkgo Phytosome®, Ginkgo Powder®, Ginkgoaceae (family), ginkgoblätter, ginkgogink, Ginkgold®, ginkgopower, Ginkopur®, ginkyo, gin-nan, Herbal v®, icho, ityo, Japanbaum, Japanese silver apricot, kew tree, kung sun shu, LI 1370, maidenhair tree, noyer du Japon, oriental plum tree, pei kuo, pei-wen, *Pterophyllus*, *Pterophyllus salisburienis*, Rokan, Rô Kan®, salisburia, *Salisburia adiantifolia*, *Salisburia macrophylla*, Seredin, silver apricot, sophium, Tanakan, tanakene, tebofortan, tebonin, tempeltrae, temple balm, tramisal, valverde, vasan, vital, ya chio, yin-guo, yin-hsing.

CLINICAL BOTTOM LINE/EFFECTIVENESS

Brief Background:

- *Ginkgo biloba* has been used medicinally for thousands of years. According to recent website information, *Ginkgo* is one of the top selling herbs in the United States



Pass the test.

Natural Standard: Ginkgo: Safety & Effectiveness Assessment

Please answer the question below, then click the "Submit Answer" button. You may review the information below, or [click here](#) to access a printer friendly version.

Question 1 of 10: Which of the following is NOT a synonym for ginkgo?

- a) Kew tree
- b) Seredin
- c) Gincosan
- d) Chinese gold apricot



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CLINICAL BOTTOM LINE/EFFECTIVENESS

Brief Background:

Generate certificate!

Natural Standard: Certificate

Presented by  **Natural Standard**
The Authority on Integrative Medicine

Accredited by  **AMERICAN HEALTH RESOURCES, INC.**

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Statement of Continuing Education Credit

This certifies that

catherine ulbricht, PharmD

has participated in the educational activity titled:

Ginkgo: Safety & Effectiveness

on 20100803

 American Health Resources, Inc. is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This activity provides 1.0 contact hour (0.10 CEU) of continuing education credit.


Richard Bronstein, RPh
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