

Therapy Pool

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday
5.30am	Open	Open	Open	Open	Open	7.00am	Open	Open
10:00am		T A PTP Charlene		T A PTP Charlene				
10.30am	Stretch & Strong TP Hope		Stretch & Strong TP Philly		Stretch & Strong TP Chiqui	10.00am		
11.15am	T A PTP Hope		T A PTP Philly		T A PTP Chiqui	11.00am		
12.00pm	Open		Open		Open	12.00pm		
5:00pm				Stretch & Strong TP With TAP *Nancy *45 minute class				
7.00pm	Aqua Yo-Chi Nancy*30 minutes	Aqua Yo-Chi Nancy*30 minutes	Aqua Yo-Chi Nancy*30 minutes	Open		5.00pm		

**LES MILLS**

**REVISED**

1:52 pm, Jul 21, 2008